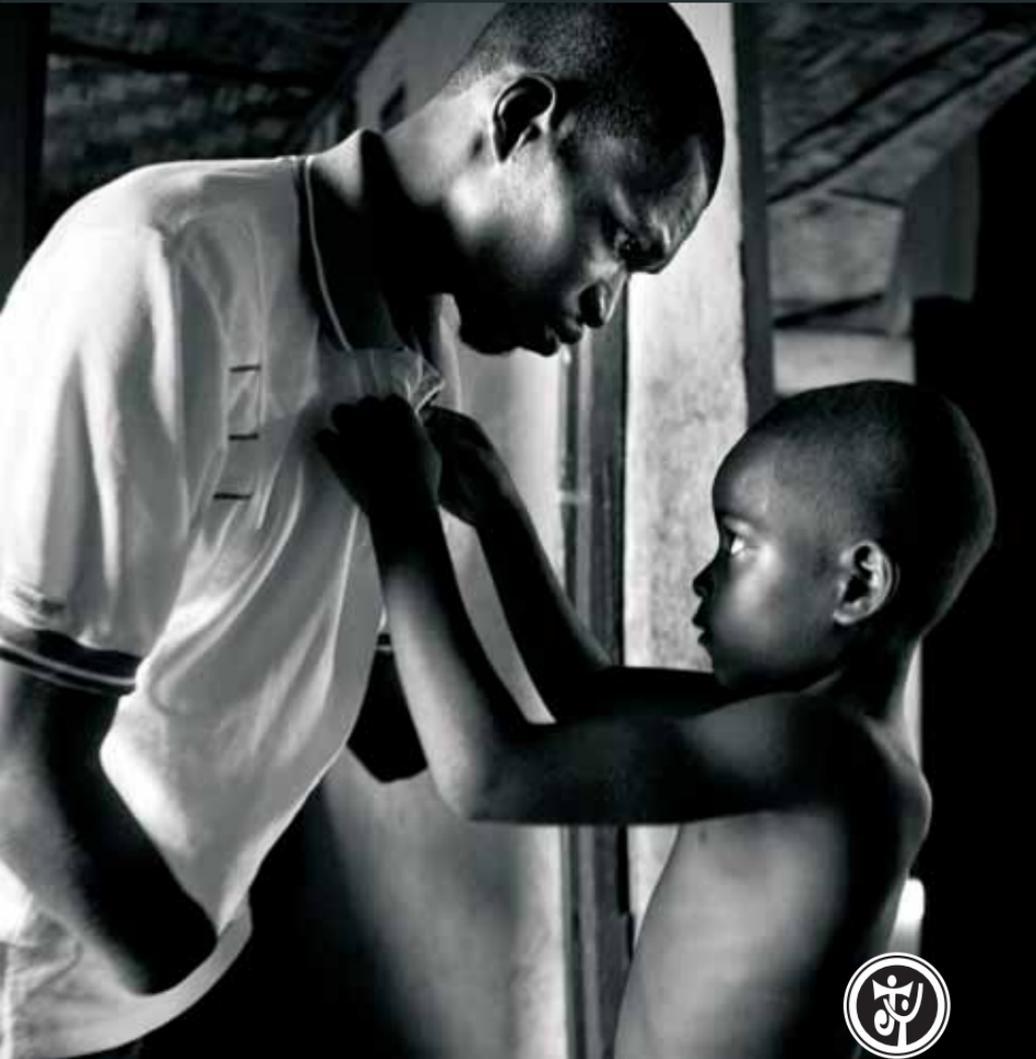




Angels

ARMY

May 2014



PRAYER TO THE GUARDIAN ANGEL

O my dear guardian
Angel, protect me
from all dangers.
Help me, so that
I may remain a
beloved child of
my Jesus. Safeguard
me from all dangers
and bad dreams
in this night.



PRAYER TO ST. MICHAEL, THE ARCH ANGEL



St. Michael the Arch Angel, be our guide
and our guard during the time of
our spiritual warfare. Protect us from
the evil designs of Satan, our enemy.
We humbly pray that God rebuke him.
O chief of the heavenly army, expel all the
wicked spiritual forces that roam the earth
with the intention of destroying souls.
Drive them to the fires of
hell by the power of God.

ANGELS ARMY

MAGAZINE
MAY 2014



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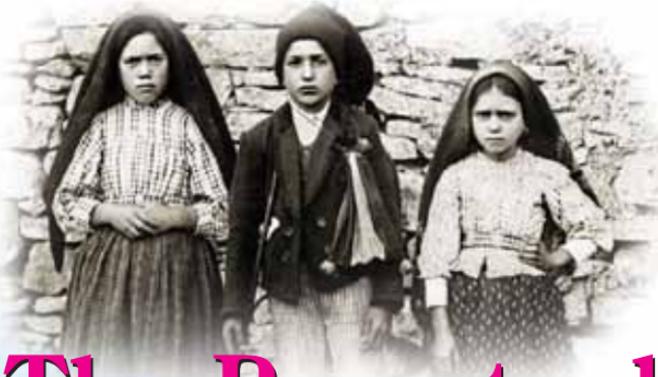
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The Perpetual Lamps of Fatima

Fatima was a lovely and scenic village in Portugal surrounded by mountains. The parishioners of Fatima were people of ardent and deep faith. The children were brought up in an atmosphere of prayer, bible stories and were taught the Catechism in the families.

There lived an energetic girl with attractive character and outstanding memory power. Her name was Lucia. She was the youngest among the seven children of Antonio Santos and Maria Rosa Santos. She was **very interested in catechism and learned all the prayers at an**

early age. Thus, at the age of six Lucia received her first Holy communion . She started teaching catechism when she was only nine years old.

Francesco and his sister Jacinta were closely related to Lucia. Francesco had a special gift of **playing without quarrelling and resolving conflicts in a peaceful manner.** His smart little sister Jacinta danced around joyfully all the time. From a very young age, Jacinta had a very special love for Jesus. When she was five, she heard the story of the passion of Jesus and was so touched by it that she

took a firm decision. **“I will never again hurt Jesus by my sins.”**

Lucia, Jacinta and Francesco

loved each other’s company and had great fun together. Francesco used to play the flute and Lucia and Jacinta danced to the tune. Along with the other children they also went to graze their sheep in the valley. They were specially instructed by their mothers to pray a decade of the Holy Rosary after lunch, but the children used to say it quickly so that their play time is not reduced.

In 1917, one day when they were in the valley, a very handsome young boy appeared to them and said, “Do not be afraid. I am the angel of peace. Pray along with me.” He knelt down, bowed to the ground and told them to repeat the prayer.



“My God, I believe, I adore, I hope, and I love You. I ask pardon for those who do not believe, do not adore, do not hope, and do not love You.”

After repeating this prayer three times the angel rose and said to them: **“Pray in this way. The hearts of Jesus and Mary are ready to listen to you.”**

After this, they not only stopped saying the rosary quickly, but also started praying for hours prostrating on the ground.

The angel appeared thrice and prepared them for the apparition of the Blessed Mother. On May 13, 1917 while they were in the valley of Cova da Iria ,grazing their sheep, our Blessed Mother appeared to them resplendent and more dazzling than the sun.

She asked them, **"Will you offer yourselves to God, and bear all the sufferings He sends you, in atonement for all the sins that offend Him and for the conversion of sinners?"**"Oh! we will, we will!," the children answered. Then Our Lady said to them: **"Say the Rosary every day making sacrifices, to bring peace to the world and for conversion of sinners."**

So, they began to give their lunch to beggars, pray the rosary kneeling down and offer other small sacrifices for the conversion of sinners.

For the next six months, Our Blessed Mother appeared to them on the

13th of every month and revealed many secrets to them. She strictly ordered them not to disclose these to anybody. In order to extract the secrets the authorities tried threatening, imprisoning and enticing the children with many gifts, but they did not give in to any of these. But the little 6 year old Jacinta was not able to resist telling her parents and it spread to all the other villagers as well. They too came to see the Blessed Mother, who gave them a great sign – **"The Miracle of the Sun"**.

Francesco died at the age of 10 and Jacinta at 9 as revealed by the Blessed Mother and were taken to heaven. According to the instructions of the Blessed Mother, Lucia joined the Carmelites and informed the Church about the revelations. In 2005, Lucia joined Francesco and Jacinta at the age of 97. Fatima, where the Blessed Mother appeared is now a very famous place of Marian pilgrimage. Francesco and Jacinta were beatified in the year 2000.

Let us also console Jesus and the Blessed Mother by our prayers and sacrifices. 

Sam's Bedtime stories

(Sam's selections
of stories from
the lives of Saints)



1

Friends, didn't I tell you that this time, I will introduce you to a new saint? Well, who is he? He is **St. Martin de Porres**.

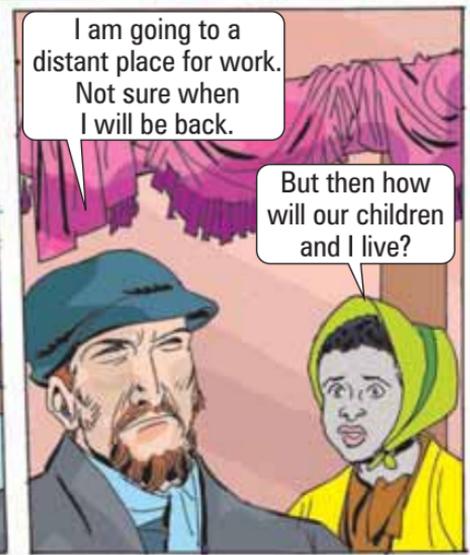
Lima is the capital of Peru, a South American country. It was in this city that Martin was born as the son of Juan de Porres and Ana Velazquez in 1579. Juan was a brave European soldier and Ana was a woman of African origin.

Hey, I had a baby yesterday, red and chubby like a rose.

Children indeed add beauty to our homes.

Look at our Juan. He is the King's favourite. Destined to achieve higher positions.

But what a pity! Both his children have got their mother's looks. As black as coal.



Juan leaves on horseback

My children....

Mother...don't cry mother....



The money that Juan gave lasted only a few days. After that, in order to survive, Ana took up the job of a washerwoman.

One day, she sent Martin to the shop to buy some household stuff. On the way back, he met an old lady in rags, who was all skin and bones.

My dear son, please give me something to eat. I have not had anything for the past three days

Here, take this. This is all I have.



Not to mention that Martin got a sound beating from his mother because he returned home empty-handed. So friends, like St. Martin, let us be kind to the poor. In Gods eyes, the fair, and the dark are equal. So, let us not look down upon anyone because of their looks.



For this intention, let us ask St. Martin de Porres to pray for us. We will meet again next month with more stories of our saint. Bye.

They are for me and I am for them

Saw a short film a few days back. The story goes like this. A person riding a tricycle with a plate in his hand to collect food waste from hotels. From the big trash can, he transfers the chicken pieces with more flesh on them into a plastic cover. And the chicken pieces with only bones and no flesh, he transfers into another cover.

With this, he returns to his village. There are many children there, waiting for him. Children of that village. When they see the chicken and noodles, the leftovers of someone else's meal, their faces gleam with joy. Imagine how hungry they must be!

Then, he reaches home. In the dim candle light, his wife and four children are

waiting for him. He has a small plastic kit for them too. Then his wife serves the noodles and the chicken bones from the plastic kit into the plates. Seeing the food, the third child leaps for joy. When they are about to hungrily pounce on the food, the man stops them saying "Wait! Let us first thank God for this meal." The entire family makes the Sign of the Cross and then folds their hands in prayer. The movie ends here.

Think of it! There are people who thank God for their meals



even when they are eating waste! Because for them, even that was difficult to get. And we forget to thank God even when a sumptuous meal is served before us. When we forget God, how can we ever think of our poor brethren?

I remember reading an incident in the life of Mother Teresa. One day, an old lady arrived at the convent begging for alms. As soon as Mother served her rice, the lady ran outside. Mother Teresa did not understand why. So she waited there for the lady to return. When she did, Mother asked her, "Where did you run off to in such a hurry?" The lady humbly replied "**I have been hungry for only one day. But there was an old woman begging a little afar from me, who has been hungry for the past three days. So I ran to give her the rice which you had served me.**" Mother folded her hands respectfully in front of her and cried. Even in the midst of extreme poverty, this old lady had the heart to share what she got, with those whose situation was far worse than hers. A great attitude that we should also try to possess.

Next year, when school reopens, are we going to make

a fuss saying that we want all new items for school? **Let us remember that there are a lot of children in this world who cannot even afford to go to school.** If the school bag is in a good condition, why don't we use it for one more year? And let us ask our parents to buy a new school bag for a poor child, who cannot afford one. Same thing can be done for our water bottles and shoes. Buy a new one for ourselves only if the old one is absolutely unusable. Else, let us continue using the old ones. Let us think of the poor children around us who do not have many of the items we have. They are our brothers and sisters. If we turn a blind eye towards them, how can we call ourselves sons and daughters of Jesus? He is the God who embraced poverty. Then, how can we his children think of living in luxury? So, dear friends, let us try to be simple. **Let us not keep to ourselves, more than what we need. Let us find joy in sharing.** That was the joy which the early Church experienced. The joy of sharing. May we all be able to experience the same joy. Prayerful wishes!



Boney Chellanom.

Kittu Mittu



In his anger for not being able to find the Holy Child, Herod had all boys below the age of two killed. Very cruel indeed!

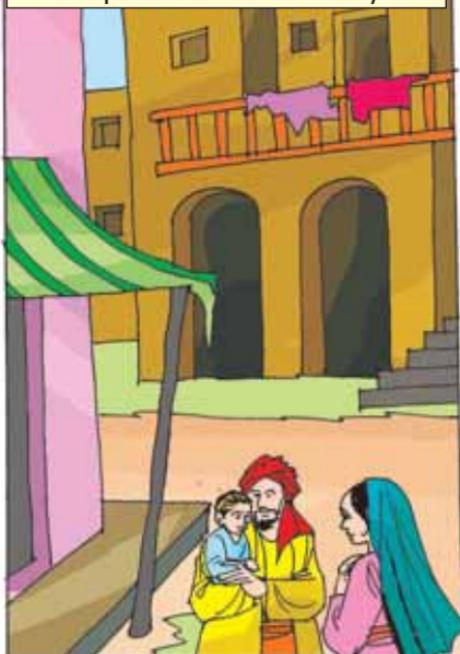
Kittu, did you know what happened in Bethlehem? Oh! What a massacre! I was heart-broken. You should have heard Rachel's weeping!

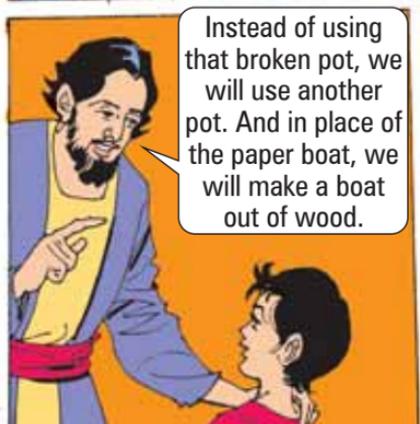
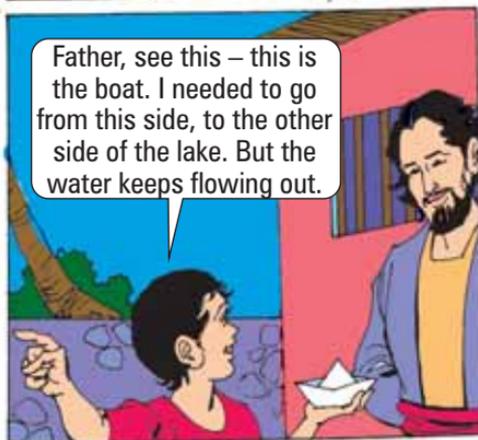


(the Holy family having reached Egypt)

They are living in a small house, the kind where the poor live. A simple and clean little family.

Joseph is doing his carpentry work. Mary is busy with her household chores. They know that no evil will thrive in the hearts and homes of those who are busy with their work.







What is the right way to honor the Lord who is present in the bread and wine?

God is truly present in the consecrated bread and wine, we must preserve the sacred gifts with the greatest reverence and worship our Lord and Redeemer in the Most Blessed sacrament.

- Child : Grandma, my classmate Saritha cannot afford to buy a new uniform. The old one is quite faded. Mummy has bought cloth to make me two sets of uniforms. I am planning to give one of those to Saritha.
- Grandmother : That's very good, my girl. When we see Jesus in others and share what we have with them, we are actually loving Jesus.
- Child : Jesus will be very happy - right, grandma? I want to love Jesus even more. What can I do for that?
- Grandmother : You know what all we do when we love someone a lot. We wish to be with them all the time. We long to see them, and meet them whenever we get a chance. We chat with them and share all our news...
- Child : I get it. Just like how we wait to see our friends when school re-opens. But when I love Jesus so much, I will want to see Him, right? How can I see Jesus face-to-face?
- Grandmother : I will tell you. In **every tabernacle, Jesus is waiting for us in the form of bread. We have to find time to see and adore and love Jesus in the tabernacle.**
- Child : Poor Jesus! How happy He will be to see us! Once school re-opens, me and my friends will go to the chapel whenever we can, to see Him. Then we will tell Him: **'Jesus, we love you; we adore you; we thank you.'**



May 4-10 Mark 5:34

And he said unto her, Daughter, thy faith hath made thee whole; go in peace, and be whole of thy plague.

Jesus I believe in you

May 11-17 Mark 6:56

And whithersoever he entered, into villages, or cities, or country, they laid the sick in the streets, and besought him that they might touch if it were but the border of his garment: and as many as touched him were made whole.

Touch me Jesus

May 18-24 Mark 7:20

And he said, That which cometh out of the man, that defileth the man.

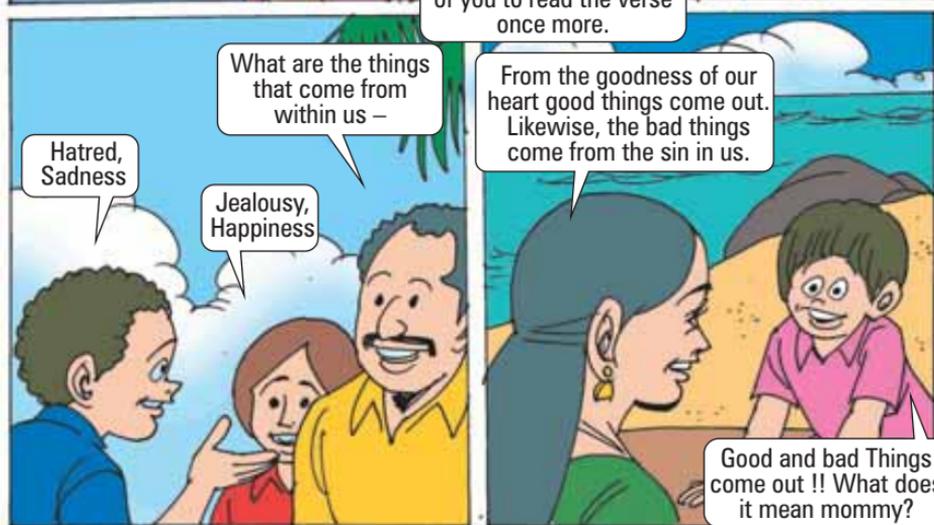
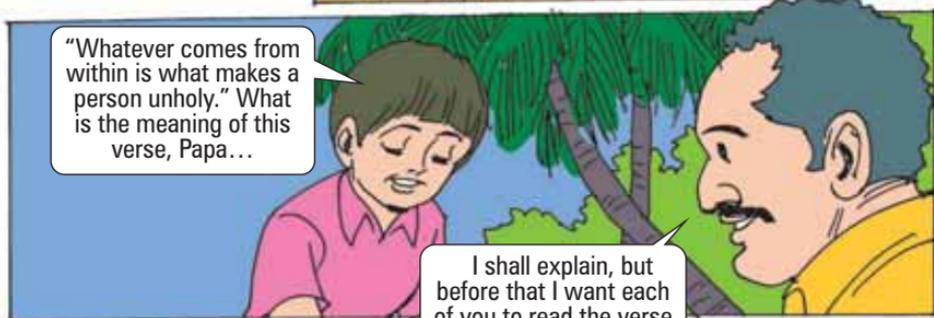
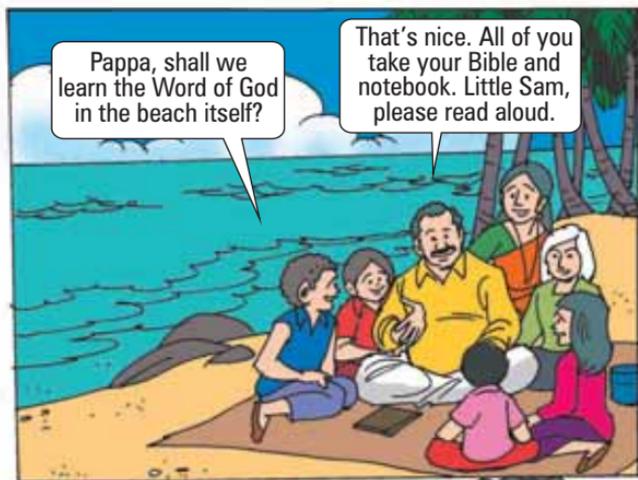
Jesus, sanctify me.

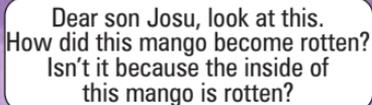
May 25-31 Mark 8:34

And when he had called the people unto him with his disciples also, he said unto them, Whosoever will come after me, let him deny himself, and take up his cross, and follow me.

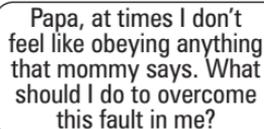
Oh! Jesus, Give me the grace to love my cross

BIBLE STUDY

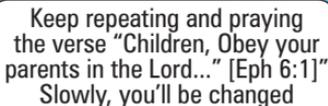




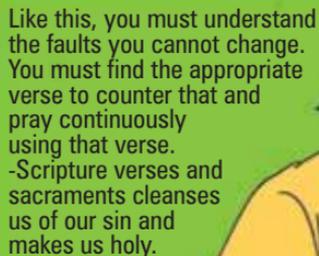
Dear son Josu, look at this.
How did this mango become rotten?
Isn't it because the inside of
this mango is rotten?



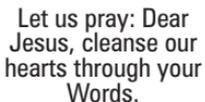
Papa, at times I don't
feel like obeying anything
that mommy says. What
should I do to overcome
this fault in me?



Keep repeating and praying
the verse "Children, Obey your
parents in the Lord..." [Eph 6:1]"
Slowly, you'll be changed



Like this, you must understand
the faults you cannot change.
You must find the appropriate
verse to counter that and
pray continuously
using that verse.
-Scripture verses and
sacraments cleanses
us of our sin and
makes us holy.



Let us pray: Dear
Jesus, cleanse our
hearts through your
Words.

FAMILY TREE BOX

My name is Tojo. My mother and I attended the Angel's Army gathering at Parithrana retreat centre, Adichira. We were prompted to make the "Family Tree Box" based on the sharing of Fr. Thomas Ambattukuzhy.



I sat with my grandmother and gathered the names of three generations of our family. We wrote the names of each person on separate pieces of paper and dropped it into a box which became our "Family Tree Box". We and those coming to our home started taking a piece of paper from the box and praying for that person throughout the day.

This has become a great blessing for our family. It has become an opportunity for us to get to know our relatives and previous generations. Though we've not seen many of them, we've developed a spiritual relationship with them through this.

Tojo, Kottayam

Friends,

Like Tojo, shall we too use these holidays to get to know and pray for our family members both living and those who've passed away? It would definitely be worthwhile.

What you've to do

With the help of your parents, gather the names of about 2-3 generations of your family. On separate pieces of paper, write their name, family name and how they are related to you. Make a box and put these in it. The "Family Tree Box" is ready.

Now, every day after your family prayer, each of you should pick up a piece of paper from the box. Pray for that person throughout the next day, especially at the Holy Mass and also do small acts of sacrifice praying for them.

When you do this, Heaven will rejoice and those in Purgatory will wait expectantly for your prayers. May God bless you!



Angels

ARMY

ESH AHEBAH

Fire of Love

ANGELS ARMY FAMILY GATHERING 2014

Families, Parents & Children, come together for a family retreat where separate programs are held for parents & children (according to their age group). Programs are arranged in 6 regions.

For details contact the respective persons.

1. Kannur	May 16-19	Regional Pastoral Centre, Padannakkad	Lina : 9495466524
2. Trichur	May 9-12	PACCS Irinjalakukda	Joby : 9747237792
3. Ernakulam	May 15-18	Alpha Pastoral Centre Edakochi	Swapna : 9349205088
4. Kottayam	May 8-11	Parithrana Retreat Centre Adichira	Bobachen : 9446202481
5. Thiruvananthapuram	May 1-4	Canosian Convent Vettuthura	Lilly : 9447154184

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